

Sample Menu 2

Breakfast

Scrambled eggs, breakfast sausages, hash browns, sautéed mushrooms with thyme and butter,

Selection of bread (gluten free) condiments (toasters)

Brown rice cinnamon porridge,

House made granola, seasonal fruit, yogurt, cereal selection cow's milk, soy milk, almond milk, oat milk, coconut milk

Mexican Cantina lunch

Spiced beef mince and spiced 3 bean mix

Southern chicken strips, southern style tofu,

Steamed rice

Cucumber tomato coriander onion salsa

Corn and avocado salsa,

Mesclun salad

Coriander

Sour cream

Aged cheddar

Tortillas, gluten free also available

Afternoon Tea

Sweet and savory muffins

House made vegetarian and beef sausage rolls with relish and sauce